

## Week 1 - Growth Group Study

Read Ephesians 1:1-14.

**Landing:** seeing the overwhelming blessing of God for us ought to lead to a life of grateful praise.

1. In two's or three's, chat together about the words or ideas that are repeated.

"Blessed/blessing" "praise" "in Christ"

2. When people think "blessed" what usually comes to mind?

3. What is God teaching us here about true blessing?

Spiritual - in the heavenly realms - what comes through Christ's work

It's not the focusing on the blessing God may give or may withhold from us in this world

Note: if predestination comes up in a way that might derail the study - you can say "that is an important thing to think about - I'll share some resources from earlier this year - but how is Predestination another reason to praise the God who has blessed us?"

Further resources on Predestination here -

<https://evchurch.info/post/digging-deeper-the-god-who-saves/>

4. How is true spiritual blessing better than any other?

Because it's not of this world - we can praise God for it no matter what circumstances- these blessings can't be lost.

They are our greatest need - "forgiveness" "redemption"

To know God's will helps us live life meaningfully with him and his plan - rather than trying to make our own meaning without his plan - we can be on the right side of history - giving ourselves to the work that he is doing

5. What might it look like if someone grasps how truly blessed they are in Christ?

Let people share

Link to the video e.g. "One of the ways we live knowing our spiritual blessing is the desire to see others come to know this blessing - which is at the heart of church and our ev grow series - let's watch the video together"

### Watch the EV Grow, Week 1 video together

- What stood out to you or excited you?
- How have you seen this vision play out in our church life together?
- EV Grow is a chance to be refreshed as a Church of our vision and refresh our commitment to it. We want to prayerfully labour together to see 10% of the Coast saved and transformed as uncompromising disciples of Jesus.
- How do the facilities play a part in this?
- How might we pray towards seeing 10% saved and transformed?

### Pray together